

Independent Community Autism Activity Network

Do you or a member of your family have autism?

ICAAN is a registered charity for people and their families affected by autism to provide access to sports and leisure activities in Allerdale and Copeland.

Our activities include swimming, horse riding, sports sessions, craft sessions, day trips and more.

Visit our website <u>www.icaan.org.uk</u> for more information and to register as a member.

ICAAN

PO Box 81 Cockermouth CA13 3AQ Website: www.icaan.org.uk Email: info@icaan.org.uk

Registered Charity Number: 1156551